

RESUME



- 1) **NAME:** Dr.VANGAPANDU ARUNA
2) **Father's Name:** V.SATYANARAYANA
3) **Date of Birth :** 01-07-1971
4) **Address of communication and residence:** Dr.V.Aruna,
D/O V.Satyanarayana, Retd.D.C.C.B. Manger,
Alwar street,Door no.9-77/4,
BOBBILI,
Pin Code -535 558, Vizianagaram Dist.
Mobile No.9490677790

Educational Qualification:

Course	Main Subjects	Division	Percentage of marks	Name of the Board	Year of passing
SSC		High second class	59.5	Board of secondary education	1986
Inter	Bi.P.C	Third	48%	Board of intermediate education Ap	1988
B.A	Economics,Politics, Sociology	High second class	59.6%	Andhra university Visakhapatnam	1992
M.A.	Pure economics	High second class	58.8%	Andhra university Visakhapatnam	1994
P.G.Diploma inYoga	Physiology, Psychology, Philosophy Yoga and Meditation	First class	62.6%	Andhra university Visakhapatnam	1996
M.A.	Philosophy	First class	63.60%	Andhra university Visakhapatnam	2003
Ph.D	Philosophy			Andhra university Visakhapatnam	2008

6) Teaching Experience:

Seven years as a Lecturer –
Worked as Lecturer in Economics from
1995 to 1997 S.M. Degree College, Jami

Worked as Yoga Lecturer cum Demonstrator From
1996 to 2001 - A.Y.C.

(Affiliated to Andhra University,Visakhapatnam)

Vijinigiri and also worked as Principal for three months

In the above organization during the above period.

Acted as External Exmainer in Sri Raparthi Rama Instituitues of
Yoga ,Kanavaram,Kakinada,T.P. Gudem of Adhikavi Nannaya
University campus

Subject Proficiency in Yoga Teaching & Practices

I am also participated in many Therapy Camps Conducted by Yoga Consciousness Trust at the Institution (viz., Stress& Strain Management Courses, youth Refreshment Courses, Children Camps, General ,senior citizen and Therapy Camps etc.)

Prizes:

1. G.S.R.Krishnayya Prize
2. Dr. Sarvepalli Radha Krishna prize
3. Rajah Ram Mohan Roy Birthday
Centenary prize of the A.P. Brahama Samaj prize
4. Godavaramma Philosophy prize
5. Lakka Raju Venkataramana Prize.

Games & Sports :

1. Vizianagaram District Games.& Sports Meet,
1984-85 Winners & Runners .

Runners

2. Vizianagaram District Games & Sports Meet, 1985-86
3. M.R.V.G. P.G. College Games & Sports 1993 — Winners.

V. Aruna.

Station:
Date:

Signature of the candidate
DR.V.Aruna
Asst.Professor
Department of Yoga and
Fitness Management
Dr.B.R.Ambedkhar University
Etcherla, Srikakulam